

Tango Connection

Dances with a delicious flavour are often based on a on clear connection and an embrace that is fluid, yet precise. Fine listening with the physical touch, with attention to the space, and in resonance with the music, allows to tune in to the magic of the moment and welcome the unknown.

Nancy Lavoie, Quebec (Canada):

Musician, choreographer, dancer, and massage therapist, Nancy Lavoie has been working in the fields of art and education for over 30 years. She has choreographed and produced more than fifteen shows, and has danced and taught in Europe, the United States and South America. In 2015 she created *Masso Nomade*, a performance group which blends the arts of touch, music, and dance.

Her teaching approach focuses on an understanding of technique and a deep sense of the language of Argentine tango. This somatic vision of tango allows a liberated dance style, a light embrace, and a connection to the partner with great precision. It is possible in this way to experience movement intensely while becoming the creator of a unique language.

Friday

20h - 22h Connexion with oneself and the other -
how to communicate with tensegrity
Milonga 22h - 23h30

We recommend you to book the whole workshop. But you can also register for separate modules, in case there is enough space left. Details on demand.

Saturday

10h - 12h Connexion to the space - How do I express myself, quality of gesture, leading and listening
14h - 16h Connexion to the timing - in dialogue with music
17h30 - 20h30 Class with Manuela Blanchard, experience the smoothness and fluidity of dancing tango in water!

It is not mandatory to bring a partner, we change partners and roles (leading and following) as well.

The ContacTango Water Class given by Manou on Saturday contains elements of Tango and Contact Improvisation. The pool is private, 34°C heated and 1m25 high. You don't need to be a good swimmer!

Sunday

10h - 13h Syntax of tango - what do I have to say?
14h - 16h Sensitive dance - Who/ what is speaking?

Where & when

Studio: Gartenraum by restaurant Veranda in Bern.
Water workshop on Saturday evening: Inselfpital in Bern

Intermediate level and +

English / Französisch mit Übersetzung auf Deutsch falls nötig; Anglais/ français en fonction des besoins

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www.earthandwaterdance.com/tango.html