



Tango

presence
and
relation

With Nancy Lavoie

Bern 15-17 Nov. 2019

Tango presence and relation

Fine listening with the physical touch, with attention to the space, and in resonance with the music, allows to tune in to the magic of the moment and welcome the unknown.

Nancy Lavoie, Quebec (Canada):

Musician, choreographer, dancer, and massage therapist, Nancy Lavoie has been working in the fields of art and education for over 30 years. She has choreographed and produced more than fifteen shows, and has danced and taught in Europe, the United States and South America. In 2015 she created Masso Nomade, a performance group which blends the arts of touch, music, and dance.

Her teaching approach focuses on a deep understanding of tango technique and a refined sense of the dance language. This somatic vision of tango allows a liberated dance style, a light embrace, and a connection to the partner with great precision. It is possible in this way to experience movement intensely while becoming the creator of a unique language.

Friday
20h - 22h. Connection with oneself and the other. How to communicate with tensegrity
Milonga 22h - 23h30

Saturday
10h - 12h Relation to the space - How do I express myself, quality of gesture, leading and listening
14h - 16h Dialogue with music

17h30 - 20h30 Class with Manuela Blanchard, experience the smoothness and fluidity of dancing tango in water!

Sunday
10h - 13h Art of touch
14h - 16h Sensitive dance - presence

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• We recommend you to book the whole workshop. But you can also register for separate modules, in case there is enough space left.
• Details on demand.

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• It is not mandatory to bring a partner, we change partners and roles (leading and following) as well.

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• The ContacTango Water Class given by Manou on Saturday contains elements of Tango and Contact Improvisation. The pool is private, 34°C heated and 1m25 high. You don't need to be a good swimmer!

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• Intermediate level and +
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English / Französisch mit Übersetzung auf Deutsch falls nötig. Anglais/ français en fonction des besoins

Where & when

Studio: Wörkshophuus (Musigbörse) in Bern/ Switzerland
(possible to sleep there on your own mat)

Water workshop on Saturday evening: Inselspital in Bern

280 CHF > 28.10.19 with prepayment of 100.- CHF (not reimbursed in case of cancellation).
340.- CHF later on.

Information & Registration / inscription: manou.blanchard@bluewin.ch, (+41) 79 641 91 19
www.earthandwaterdance.com/tango.html